

KNOW - CHOOSE - BECOME - PRACTISE - UNDERSTAND

CORE PROSPECTUS

OUR 2019/20 OUTREACH HUB OFFER FOR SCHOOLS AND COLLEGES



INTRODUCTION

The National Collaborative Outreach Programme (NCOP) aims to support young people to make well-informed decisions about their future education and to reduce the gap in higher education participation between the most and least represented groups. It started in January 2017 and is funded by the Office for Students (OfS). The NCOP brings together 29 partnerships of universities, colleges, schools and other local agencies to deliver sustained and progressive programmes of higher education outreach to young people aged 13 and above. Work is particularly focused on geographical areas in England where participation in higher education is low overall and lower than expected given local GCSE results.



The partnership operating in North Yorkshire is NCOP York & North Yorkshire, known locally as FutureHY. Partners include: University Centre Askham Bryan, Craven College, CU Scarborough, Harrogate College, Scarborough TEC, Selby College, York College, University of York and York St John University, as well as York City Council, North Yorkshire County Council, LEP/Careers Enterprise Company (CEC), National Citizen Service (NCS), North Yorkshire Coast Opportunity Area, NYBEP and York Cares.

Recent Careers Strategy Guidance brings increased accountability for school/college leaders to deliver a co-ordinated whole school/college approach to careers guidance for all students. FutureHY is keen to ensure that the activity on offer through NCOP also goes some way to supporting schools, colleges and indeed community groups to meet this responsibility.

All of the FutureHY outreach interventions are underpinned by a robust monitoring and evaluation framework.

FUTUREHY CORE PROSPECTUS






This FutureHY core prospectus outlines the activity programme schools, colleges and other stakeholders can access, free of charge, that will support informed progression and career pathways for young people.

A short summary of each activity allows co-ordinators to decide whether or not the outreach is appropriate for the young people in their care. Some interventions are offered to all students and others aimed only at NCOP students.

Each activity has been mapped against both the FutureHY progression framework and the Gatsby Benchmarks, which will allow co-ordinators to engage confidently with the NCOP offer.

OUR PROGRESSION FRAMEWORK

The framework seeks to develop aims and strive for outcomes which are focused around five key strands. These five strands below have been developed with the local context in mind, as well as drawing upon the theoretical work of Pierre Bourdieu. This is a dynamic framework, and it is anticipated that this will evolve over the course of the programme as our knowledge builds and as local and national priorities adjust.




























- KNOW**  Develop young people's knowledge and awareness of the benefits of higher education
- CHOOSE**  Develop young people's capacity to navigate the Higher Education sector and make informed choices
- BECOME**  Develop young people's confidence and resilience to negotiate the challenges of university life
- PRACTISE**  Develop young people's study skills and capacity for academic attainment
- UNDERSTAND**  Develop young people's understanding by contextualising subject knowledge

GATSBY BENCHMARKS

























The Gatsby Benchmarks, which are eight principles of best practice, have been mapped against our activities. This is a nationally recognised framework for good careers guidance.

BENCHMARK	GATSBY STATEMENT
1. A Stable Careers Programme	Every school and college should have an embedded programme of career education and guidance that is known and understood by pupils, teachers, governors and employers
2. Learning from Career & Labour Market Information	Every pupil, and their parents, should have access to good quality information about future study options and labour market opportunities.
3. Addressing the Needs of Each Pupil	Pupils have different career guidance needs at different stages. Opportunities for advice and support need to be tailored to the needs of each pupil. A school's careers programme should embed equality and diversity considerations throughout.
4. Linking Curriculum Learning to Careers	All teachers should link curriculum learning with careers. STEM subject teachers should highlight the relevance of STEM subjects for a wide range of career paths.
5. Encounters with Employers & Employees	Every pupil should have multiple opportunities to learn from employers about work, employment and the skills that are valued in the workplace. This can be through a range of enrichment activities including visiting speakers, mentoring and enterprise schemes.
6. Experiences of Workplaces	Every pupil should have first-hand experience of the workplace through work visits, work shadowing and/or work experience to help their exploration of career opportunities and expand their networks.
7. Encounters with Further and Higher Education	All pupils should understand the full range of learning opportunities that are available to them. This includes both academic and vocational routes and learning in schools, colleges, universities and in the workplace.
8. Personal Guidance	Every pupil should have opportunities for guidance interviews with a career adviser, provided that they are trained to an appropriate level.

OUR ACTIVITY OFFER

ACTIVITY	WHAT IS THIS?	WHO IS THIS FOR AND WHERE DOES IT TAKE PLACE?	GATSBY BENCHMARK	OUR FRAMEWORK
GCSE Options Talk	A presentation/assembly to provide information and advice on choosing GCSE options.	Year 8/9 - all In your school or community setting	2, 3, 4 and 7	  
Intro to HE University Visit	A visit to either York St John University, University of York or CU Scarborough to familiarise students with an HE environment. This includes a campus tour with a Student Ambassador, lunch and an opportunity to ask questions about student life.	Year 7 to 10 Selected At a university campus	2, 3, 4 and 7	  
NCS Activity Taster Day	A day trip hosted by the National Citizen Service (NCS) which gives students a taster of the NCS Summer Programme by taking part in activities including abseiling, kayaking and rock climbing.	Year 10 - all During Phase 1 of the NCS Summer Residential Programme	7	
College application 1-2-1 support	One to one support for students completing college applications and considering future career options.	Year 11 - all In your school or community setting	4 and 7	  
Study Skills Workshop	An interactive workshop that aims to help students develop new skills and revision techniques to support preparation for their GCSEs.	Year 11 - all In your school or community setting	7	 
Transition to college workshop	Transition sessions to encourage HE and career considerations when choosing post-16 options.	Year 11 - all In your school or community setting	7	  
Small Steps Big Difference Workshop	A series of workshops that encourage students to reflect on their current lifestyle and learn how to make small improvements that will make a big difference to future outcomes.	Years 9 - 11 - all In your school or community setting	3 and 7	  
Creative Forces Day	A visit to either York St John University or University of York for any student from a Military Service background. Familiarisation with an HE environment and the opportunity to talk about their experience of being a Military Service child within their community.	Year 9 - 11 selected At a university campus	3 and 7	  
Exam Prep Workshop	A workshop for students preparing for exams. This session aims for students to understand stress, anxiety and the related process, to discover ways to manage and prepare for exams and to learn coping strategies.	Year 11/13 and College students - all In your school, college or community setting	7	 
Stand for Careers and HE events	A stand at your careers and HE events giving out impartial information, advice and guidance about post 16 progression routes, and HE, to students and their families.	All In your school or college	7	  
Essential First Aid Training	Delivered by St John's Ambulance this training can be provided for up to 20 students.	Year 12/13 and College students Selected In your school/college	7	

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Employability Workshop	This workshop is designed to assist students in identifying their transferable skills and how they can improve on what they already know and what they feel less confident about. This workshop will look at skills required in specific job roles and the difference between essential and desirable skills.	Year 11/12/13 and College students- all In your school, college or community setting	4 and 7	  
Subject Taster Sessions	A visit to York St John University, University of York or CU Scarborough for students to familiarise themselves with a HE environment and take part in taster sessions for specific academic subjects.	Year 12/13 and College students Selected At a university campus	2, 3, 4, and 7	  
"Making the Most of Open Days" talk	This talk will consist of a series of questions to help students think about what is important to them when choosing a university. The session will also explore some top tips about what students should be doing to prepare for an open day and things to do on the day to make sure they make the most of the experience.	Year 12 and College students - all In your school, college or community setting	4 and 7	  
Student Finance and Budgeting workshop	This talk will provide an overview of some of the financial support available to students and how it works. Budgeting is an important aspect of being a student, and this talk will also provide you with the tools to help create a budget and stick to it.	Year 12 and College students - all In your school, college or community setting	4 and 7	  
Student Life Talk	This talk will give students an insight into some of the sports and societies they could join, how to effectively use their Students' Union and some top tips for making the most of their student experience.	Year 12 and College students - all In your school, college or community setting	4 and 7	  
University Accommodation Talk	Choosing where you are going to live is one of the biggest decisions you will make before starting your university course. This talk will consider the pros and cons of all accommodation options; from the low-down of halls of residence to the benefits of living at home.	Year 12 and College students - all In your school, college or community setting	4 and 7	  
UCAS Application Support	One to one UCAS personal statement and application form support for students who are applying to University or College.	Year 13 and College students - all In your school, college or community setting	7	  
Independent Living Skills Workshop	An interactive workshop for students who are soon to be moving away from home for the first time. The workshops will aim to develop a variety of skills including budgeting, doing the laundry and cooking a meal.	Year 13 and College students - all In your school, college or community setting	4 and 7	  

TESTIMONIALS

FROM OUR 2019 STAKEHOLDER SURVEY



"NCOP/FutureHY have provided some of our most vulnerable students with fantastic opportunities this last year. They have learned how to work individually and as part of a team and most of all, they have built their confidence through these activities. Fantastic work!"

"NCOP FutureHY is very committed to providing their staff and stakeholders with excellent, high quality CPD opportunities. I value the CPD opportunities NCOP FutureHY provide me with. In my role, I have become a more confident person in public speaking and delivering presentations as a result of formal and informal CPD, and professionally, this role has enabled me to network with other Higher Education professionals across the country. Thank you!"

"I think the NERUPI evaluation framework is well suited to the programme. With the outcome stars, I think it's really interesting to see how students felt about different aspects of their lives before the intervention and then being able to visually see the difference after the intervention has happened."

"We have really appreciated developing an even stronger partnership approach to working across our very large geographical region. This has uncovered some aspects of widening participation not previously highlighted. NCOP's can-do and collaborative approach has allowed projects to flourish, such as the work with military families."

"Many students who came here (a University campus) today did not see university as an option but now feel confident that this is possible."

"I experienced first hand at least one student overcome their insecurity and was able to fully engage in an activity led by a NCOP Outreach Assistant"

CONTACT US



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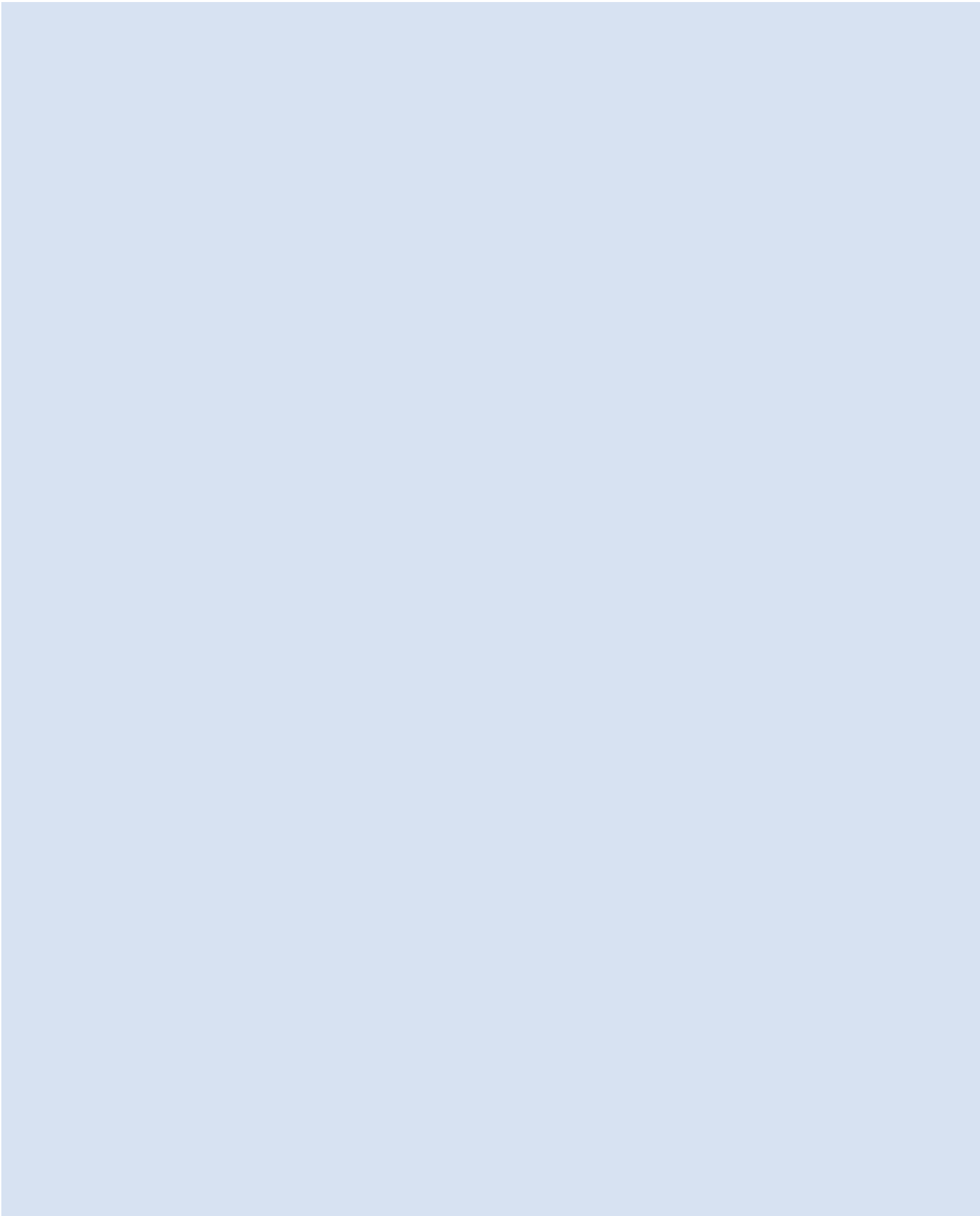


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